Healthy Sexuality Online Resources

Comprehensive healthy sexuality education is a key part of sexual violence prevention.

Online resources about healthy sexuality:

Healthy sexuality for sexual violence prevention: A report on promising curriculum-based approaches, published in 2011, provides a summary of the top curriculum-based healthy sexuality programs. Included are detailed descriptions of 4 outstanding curricula with target audiences from ages 5-21, two of which are offered in Spanish.

The American Social Health Association is dedicated to improving the health of individuals, families, and communities with an emphasis on sexual health and a focus on preventing sexually transmitted infections/diseases.

SexEd Library comprehensive online resource for sexuality education, is a project of the Sexuality Information and Education Council of the United States. Provide over 100 lesson plans and resources on sexual and reproductive health, relationships, and body image.

Sexuality Information and Education Council of the United States provides resources in the areas of both policy/advocacy and information/education. Excellent data and fact sheets supporting comprehensive sexuality education.

Publications:

WholeSome Bodies: Broadening the Conversation About Sexuality and Sexual Violence Prevention, a publication of the Vermont Network Against Domestic and Sexual Violence, focuses on integrating sexuality into our wholeness as an approach to sexual violence prevention.

Relationship Status, an online booklet (also available as a pdf) by the Vermont Network Against Domestic and Sexual Violence uses comic book illustrations and activities to discuss healthy relationships and sexuality for teens.



Sexuality & Social Change: Making the Connection, Strategies for Action and Investment covers the intersection of sexuality with major social issues, including women's and children's health; youth development; population growth; gender discrimination; gender-based violence; and women's empowerment.

The 2014 National Sexual Assault Awareness Month (SAAM) campaign focuses on healthy sexuality and young people. This campaign provides tools on healthy adolescent sexuality and engaging youth. Learn how you can play a role in promoting a healthy foundation for relationships, development, and sexual violence prevention. SAAM 2014 engages adults in supporting positive youth development, and encourages young people to be activists for change. This April, use your voice to impact our future. Many resources also are available in **Spanish**.

