

Building Healthy Relationships Across Virginia

A Facilitator's Guide for Teen Dating Violence Prevention



Virginia Sexual and Domestic Violence
ACTIONALLIANCE

Building Healthy Relationships Across Virginia: A Facilitator's Guide to Teen Dating Violence Prevention

Welcome!

Before delving into describing this guide, it's important to first understand its evolution...



History of the Virginia Teen Dating Violence Prevention Taskforce

In early 1995, with the assistance of a small grant from the Family and Children's Trust Fund of Virginia, Virginians Against Domestic Violence (VADV - one of the 2 agencies that would ultimately combine to form the Virginia Sexual & Domestic Violence Action Alliance, VSDVAA) held three summits around the state to bring together professionals from sexual and domestic violence agencies who are working to prevent violence in dating relationships among teenagers. The summits were held in Woodstock, Radford, and Hampton. More than 35 professionals attended, representing 20 community sexual and domestic violence agencies.

Participants in each summit discussed:

- What are our goals when we try to educate teens?
- What are the components of an ideal curriculum to educate teens?
- What can VADV do to be most helpful to local programs?

As a result of these summits, VADV made the decision to form a teen dating violence prevention taskforce for professionals statewide. This group first met at the May 1995 Annual Training Retreat sponsored by VADV and Virginians Aligned Against Sexual Assault (VAASA - the other agency preceding VSDVAA). During this meeting, educators from sexual and domestic violence agencies laid the groundwork to form the Virginia Teen Dating Violence Prevention Taskforce (VTDVPT). One of the first goals of VTDVPT was to develop a Facilitator's Guide for anyone doing teen dating violence prevention programming with teens.

History of The Teen Dating Violence Prevention Facilitator's Guide

The Teen Dating Violence Prevention Facilitator's Guide began its "life" in February 1996. The project benefited greatly when Cindy Katona agreed to lead the working committee. With her dedication, enthusiasm and remarkable creativity, Cindy inspired an amazing number of people to do an incredible amount of work. She also recruited vast numbers of volunteers from the Winchester area as ad-hoc members of the committee to field test and refine the curriculum. The First Edition of the guide, titled "Virginia Responds: Teens Building Violence-Free Relationships," was published by VADV in early 1997, and was welcomed by a diverse range of professionals working with teens.



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Virginia Sexual & Domestic Violence Action Alliance
www.vsdvalliance.org

The year 2004 marked the official beginning of VSDVAA and a greater focus on primary prevention work. It was in this environment that dating violence prevention work with teens became a priority, and VSDVAA took on the formidable task of revamping the Teen Dating Violence Prevention Facilitator's Guide. Drawing upon the expertise and enthusiasm of members of VTDVP Taskforce, VSDVAA staff member Brad Perry was able to obtain invaluable feedback about how the First Edition of the guide was being used and how a subsequent edition should be modified in order to maximize functionality. Dozens of meetings and countless work hours later, a new, more streamlined guide began to take shape with a greater focus on activities.

The following individuals and agencies contributed to the 2007 edition of this guide, **Building Healthy Relationships Across Virginia: A Facilitator's Guide to Teen Dating Violence Prevention**:

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Contributors

And special thanks to **Angie Strite** and **Trent Wagler** of *The Collins Center in Harrisonburg, VA* for contributing their HTML skills to this project.

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VSDVAA also wishes to recognize the incredible work of the original group of dedicated individuals whose efforts produced not only the first edition of the manual, but also laid the foundation for the 2007 edition:

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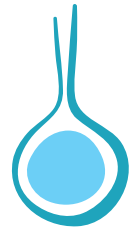
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Using This Guide

Using This Guide



The Teen Dating Violence Prevention Facilitator's Guide IS...

...a resource for anyone doing dating violence prevention work with teens. All of the activities have been scrutinized and approved by both teen dating violence prevention educators and teens themselves. Some activities were created by these professionals and teens here in Virginia, while other activities were borrowed from outside sources (e.g., Men Can Stop Rape, Mentors in Violence Prevention, Colorado School Mediation Project, etc.) and were included in this guide because they have been deemed useful “tools” in this work. Indeed, viewing this guide as a “toolbox” is an appropriate metaphor. Some tools will seem more useful than others and not every activity will be used in every setting. If you are faced with a new setting or circumstance and are unsure how to approach it, you can sift through this guide and hopefully find a tool that fits. Also, as previously mentioned, we are going to be on the lookout for any other “tools” that should be added to this “toolbox” in the future.

There are circumstances that might require the modification of the activities in this guide. Depending on the make up of the participants in a teen group, facilitators may want to change names, scenarios, genders, ethnicities, etc. in particular activities to better reflect the life experiences and cultural diversity of that group. You may need to modify activities to be more accessible and appropriate to diverse populations. For example, language used in some activities might need to be changed according the cognitive ability of the audience, or activities that require movement might need to be altered to be accessible to people with physical disabilities. Users of this guide should feel free to customize any activities to a given set of requirements, being cognizant of the original point of the activity. For technical assistance with the modification of activities, contact VSDVAA at 804-377-0335, and ask to speak to the staff representative to the Virginia Teen Dating Violence Prevention Taskforce.

Many of these activities were developed with the school setting in mind. The readiness of different school systems to candidly address teen dating violence – and sexual violence, in particular - varies widely across Virginia. Different schools might want certain topics emphasized more than others, or might request more or less interaction with students. Though many agencies develop their programming and approach a school setting with a finished package, consider including schools initially during program development. Gain allies throughout the process by educating educators and administrators and hearing their input and/or concerns about your presentations. By anticipating possible challenges from schools, from arguments such as “we barely have time to teach the ‘real’ subjects”, to “this should be taught at home”, to the “we don’t want to open that can of worms”, you can tailor your program to better suit the needs and comfort of the school, or make effective counter arguments about why interpersonal and sexual violence matters.



Using This Guide

The Teen Dating Violence Prevention Facilitator's Guide IS NOT:

A curriculum...

Curricula tend to be very structured and well-planned. Content is tied to learning objectives which are in turn tied to measurable outcomes. Content is also delivered in a sequentially logical manner through a variety of means over the course of multiple exposures. While it could be argued that multiple activities contained herein could be organized and delivered in a highly systematic fashion similar to a curriculum, this guide is not in and of itself a curriculum.

A self-contained training on how to facilitate teen dating violence prevention work...

It is assumed anyone using the activities in this guide has already received some level of training on working with teens, basic facilitation skills, how to handle disclosures of victimization, and basic primary prevention concepts. Such training is vital to providing effective teen dating violence prevention programming. To receive training on any of these issues contact a domestic violence program or sexual assault crisis center (see Resources section for a list of all such agencies in Virginia), or contact VSDVAA at 1-804-377-0335.

An exhaustive compilation of effective teen dating violence prevention activities...

This guide is a collection of activities that are currently used by many dating violence prevention educators across Virginia. The primary criterion for inclusion of activities in this guide was endorsement by such educators and the teens with whom they work. People doing this work with teens constantly discover useful new teaching/facilitation tools. If you are particularly fond of an activity that is not part of this compilation, please contact VSDVAA at the above number and ask to speak to the staff representative to the Virginia Teen Dating Violence Prevention Taskforce to learn how to submit an activity for inclusion in subsequent versions of this publication.



Using This Guide

General Facilitation Information

Teens will exhibit a wide range of reactions to the topics of sexual and domestic violence. Their beliefs and values are influenced by many variables. Clearly, the levels of comfort in addressing these topics and hearing them openly discussed will vary greatly. Some factors which may influence a participant's comfort levels with the discussion and/or their decision to participate in the discussion include:

- Attitudes and beliefs of parents and/or guardians concerning these topics
- The level of access to information about sex and sexuality
- Religious beliefs/values
- Cultural exposure to these topics through television, movies, the Internet, books, magazines, and peer discussions
- Clubs, groups, teams, or any other organization that may subscribe to a set of beliefs about these issues
- Assumptions/conclusions about the nature of interpersonal relationships, particularly, sets of rules a participant may have assimilated or absorbed concerning gender roles, relationships
- Beliefs rooted in gender, ethnic, racial, or nationality origins, which set forth directives or guidelines about relationships, sexual activity, sexual orientation, or other related issues
- Personal experiences and/or exposure to sexual and /or domestic violence

The amount of learning that takes place will be directly impacted by the ability of the facilitator to create a safe and supportive atmosphere for all participants. This atmosphere may be accomplished by keeping one or several participants from monopolizing the conversation, allowing silence to be an answer, asking for input from participants who have not yet had a chance to speak, or recognizing and respecting discomfort. It is also helpful to have a working knowledge of adolescent development. A summary of feelings and behaviors associated with “normal” adolescent development, as defined by the American Academy of Child and Adolescent Psychiatry is included at the end of this section.



Using This Guide

Ground Rules for Discussion

For the facilitator: Please be aware that you are presenting to an audience with varied experiences, feelings and backgrounds, and that different groups will respond differently to the material that you are presenting. This is important to remember so that you can tailor your activities to the needs of your group.

Depending on how sensitive the topics are, you may want to invite people to leave if they are feeling uncomfortable. Always recommend that they can come ask you a question in private if they need to talk about something personal.

Remember to be inclusive with your language, ensuring sensitivity to male/female survivors, dating violence and sexual violence, and sexual orientation. This guideline is particularly important when you are speaking with youth, as they may not be open about their struggles with these issues.

If someone is consciously creating an unsafe space (example: a student teasing another one about being “gay”), you may want to call attention to that (example: “Billy does not seem to be comfortable with your comments. Do you think that is appropriate?”). Depending on the situation, you may need to ask the person to leave. If they are making comments that they are unaware might make others uncomfortable (example: “Well, that girl deserved rape, because I mean, she was drinking.”), you may want to challenge them in a safe manner (example: “Do you think she was capable of making a decision if she was drinking? If she wasn’t, does this fit our definition of consent?”). Again, if there is not a productive conversation about the situation, you may need to move on to preserve the safe space.

Because these are sensitive topics, people react and respond in many different ways in order cope. You may want to be aware that behaviors and comments that appear to be acting out or disruptive (for example, very inappropriate humor), might be a person’s way of dealing with their own discomfort or their experiences. Even if you do not believe what someone is saying, never shut them down or dismiss their experience (example: “ Yeah, right, it did not. Just hush.”). Do not tolerate it if a teacher or another adult does either. This may be their only way of expressing their experience. Furthermore, even if the experience did not happen to them, another survivor in the room could be discouraged if the disruptive individual is dismissed. You must be aware of the comfort level in the room and set appropriate boundaries. An appropriate response would be “I’m sorry to hear that, and I will be available later if you would like to discuss it.” Usually taking ridiculous comments seriously will stop the inappropriate behavior, while still maintaining your respect for comments, and thereby keeping the discussion safe.

Using This Guide

Setting ground rules with participants: Remind them of the prevalence of sexual abuse and dating violence so that they are aware of the possibility that there are survivors in the room, and so they know you are also aware and open to that possibility. Discuss the qualities of a “safe space,” some of which might include:

- We do not always know the experiences of the people around us, so we need to keep that in mind when we are speaking.
- Let people speak in turn, without interrupting.
- We need to be respectful and open to others.
- However, we shouldn’t be afraid to share our point of view, even if others may disagree.
- Depending on the activity, stories/disclosures should be considered confidential and do not leave the room.

You might also want to invite students to add their own ground rules.



Using This Guide

How This Guide Is Organized

The activities are organized into 6 units according to their predominant topics. (Some activities may cover more than one topic, but will be particularly relevant to one). Each activity begins with facilitator's notes on how to implement that particular activity. Included in these notes are step-by-step instructions and a list of support materials as well as a variety of useful information such as: the recommended age of participants for the activity, how much existing knowledge is assumed by the activity, the approximate amount of time it takes to complete the activity, and the basic lessons the activity is designed to impart. Refer to the index to view activities by Topic, Age, Level, and Time. "Level" is only meant as a general guide, and was determined using the experiences of VTDVP Taskforce members. Also, some pages are numbered while others are not. The non-numbered pages contain handouts or other support materials that will likely need to be reproduced.

Adolescent Development

Each adolescent is an individual with a unique personality, preferences, and interests. In general, however, there is a series of developmental tasks that everyone faces during the adolescent years.

Below is the American Academy of Child & Adolescent Psychiatry's description of normal adolescent development.

Middle School and Early High School Years

Movement Towards Independence

- Struggle with sense of identity
- Feeling awkward or strange about one's self and one's body
- Focus on self, alternating between high expectations and poor self-esteem
- Interests and clothing style influenced by peer group
- Moodiness
- Improved ability to use speech to express one's self
- Realization that parents are not perfect; identification of their faults
- Less overt affection shown to parents, with occasional rudeness
- Complaints that parents interfere with independence
- Tendency to return to childish behavior, particularly when stressed

Future Interests and Cognitive Changes

- Mostly interested in present, with limited thoughts of the future
- Intellectual interests expand and gain in importance
- Greater ability to do work (physical, mental, emotional)



Using This Guide

Sexuality

- Display shyness, blushing, and modesty
- Girls develop physically sooner than boys
- Increased interest in sex
- Movement toward heterosexuality with fears of homosexuality
- Concerns regarding physical and sexual attractiveness to others
- Frequently changing relationships
- Worries about being normal

Morals, Values, and Self-Direction

- Rule and limit testing
- Capacity for abstract thought
- Development of ideals and selection of role models
- More consistent evidence of conscience
- Experimentation with sex and drugs (cigarettes, alcohol, and marijuana)

Late High School Years and Beyond

Movement towards Independence

- Increased independent functioning
- Firmer and more cohesive sense of identity
- Examination of inner experiences
- Ability to think ideas through
- Conflict with parents begins to decrease
- Increased ability for delayed gratification and compromise
- Increased emotional stability
- Increased concern for others
- Increased self-reliance
- Peer relationships remain important and take an appropriate place among other interests

Future Interests and Cognitive Changes

- Work habits become more defined
- Increased concern for the future
- More importance is placed on one's role in life

Sexuality

- Feelings of love and passion
- Development of more serious relationships
- Firmer sense of sexual identity
- Increased capacity for tender and sensual love



Using This Guide

Morals, Values, and Self-Direction

Greater capacity for setting goals

Interest in moral reasoning

Capacity to use insight

Increased emphasis on personal dignity and self-esteem

Social and cultural traditions regain some of their previous importance

Source: American Academy of Child & Adolescent Psychiatry, Washington, DC, 2001



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Unit 1:

Positive Personal Development

Activities and Corresponding Handouts

Am I Someone Who...?

- **Am I Someone Who...? Handout**

Alligator River

- **Alligator River Handout**

Me Map

- **Me Map Handout**
- **Directions for Me Map Handout**

Cooperative Drawing

Communication Styles Role Play

- **Definitions of Communication Styles Handout**
- **Kendra's Responses Handout**

Gossip Game

Unit 1: Positive Personal Development

Activities and Corresponding Handouts

(continued)

“I” Messages

- “I” Messages Handout
- “I” Messages Worksheet Handout

Emotion Charades

- Emotion Charades Handout

Role Playing for Conflict Resolution

- What Would You Do? Handout

Assertiveness Techniques

- Assertiveness Techniques Handout

How I Handle Conflict

- How I Handle Conflict Handout

Problem Solving

- Help in Solving Problems Handout
- How to Have a Discussion (or Even an Argument)
That Isn’t Abusive, Part 1 & 2 Handout

Unit 2:

Addressing Teen Dating Violence

Activities and Corresponding Handouts

Survey of Room Icebreaker

Teen Dating Violence Continuum

- Teen Dating Violence Continuum Handout
- Continuum Cards Handout

Wheel of Misfortune

- A Blank Teen Power and Control Wheel Handout
 - Teen Power and Control Wheel Handout
 - Teen Relationship Equality Wheel Handout
- Power and Control in Teen Dating Relationships Handout

Why People Stay in Abusive Relationships

- Sam & Diane Scenario

Stay or Leave?

- Maria's Story Handout
- Does Your Partner....Handout
- Types of Abuse in Dating Relationships Handout

Unit 2: Teen Dating Violence

Activities and

Corresponding Handouts

(continued)

How to Stop Teen Dating Violence--MTV

Help Me!

- **Help Me! Letters**
- **Safety Planning with Teens Handout**

After School Role Play

- **After School Role Play Script**
- **Red Flags for Abusive Relationships Handout**
- **See It and Stop It Handout**

Unit 3:

Addressing Sexual Harassment with Teens

Activities and Corresponding Handouts

What is Sexual Harassment?

- About Sexual Harassment Handout
(for High School age participants only)

Where Do You Draw The Line?

- Where Do You Draw the Line? Handout

Flirting vs. Sexual Harassment

- Flirting vs. Sexual Harassment Scenarios

You Be The Judge

- You Be the Judge Handout
- You Be the Judge: Activity Guide

What Can I Do?

- If You are Sexually Harassed Handout

Unit 4:

Addressing Sexual Violence with Teens

Activities and Corresponding Handouts

Sexual Violence: What is Rape?

- What is Rape? Handout
- What is Rape? Activity Guide
- Rape Hurts Handout

What if Robbery Victims Were Treated Like Rape Victims?

- The Cross Examination of Mr Smith Handout

Acquaintance Rape Role Play

- Three Warning Bells Handout
- Pat & Terry Scenario
- When a Friend is Raped Handout

Ben & Shawna

- Ben & Shawna Scenario

Journal Entries

- Rob's Story
- Angel's Story

Unit 4: Sexual Violence Activities and Corresponding Handouts (continued)

Jack & Anna

- Jack & Anna Script
- Instructions for “Anna”
- Instructions for “Jack”
- STOP Card

Rape Quiz: What Do You Think?

- Rape Quiz: What Do You Think?
- Rape Quiz: Activity Guide

Reasons for Not Reporting Rape

Rape/Sexual Violence Awareness Quiz

- Rape/Sexual Violence Awareness Quiz and Activity Guide

Unit 5:

Exploring Gender, Sexuality, and Power

Activities and Corresponding Handouts

Gender Stereotypes

- Gender Stereotypes Cards

Gender Roles: Making the Pressure Visible

Real Man/Strong Man

Who Defines Gender?

- Domestic Disputes: Time Magazine Article Handout

What is Sexuality?

A Closer Look at Safety Tips

Is It Harmful?

- Continuum Cards

Unit 5: Gender, Sexuality and Power

Activities and Corresponding Handouts

(continued)

Words to Describe Sex

Range of Acceptable Behavior

● **Behavior Cards**

Unit 6:

Promoting Healthy Relationships

Activities and Corresponding Handouts

“I Have the Right...” Bingo

- Bingo Cards
- My Declaration of Rights Handout

Giving Means Gaining

- Way to Know! Being in a Healthy Relationship
 - Red Lights/Green Lights
 - Healthy Relationships

Healthy vs. Unhealthy Flash Cards

- Middle School Flash Cards
- High School Flash Cards
- Signs of Abusive Relationships
- Your Relationship is Healthy If...

Let's Make a Deal: Designing Your Ideal Dating Partner

- Dating Partner Qualities

Unit 6: Healthy Relationships

Activities and Corresponding Handouts

(continued)

Finding the Right Relationship

May I Have Your Pencil?

Making Consent Real

- **Making Consent Real Discussion Questions**

Sexual Assault Crisis Centers in Virginia

Sexual Assault Crisis Centers in Virginia

Service Area

Program/Program Location/Telephone:

Accomack Co.	The Center for Sexual Assault Survivors / Newport News / 757-599-9844
Albemarle Co.	Sexual Assault Resource Agency / Charlottesville / 434-295-7273
Alexandria	Sexual Assault Response and Awareness / Alexandria / 703-838-5030
Allegheny Co.	Safehome Systems / Covington / 540-965-3237
Amelia Co.	Southside Center for Violence Prevention, Inc. / Farmville / 434-292-1077
Amherst Co.	Sexual Assault Response Program Crisis Line of Central Virginia INC. / Lynchburg / 434-947-7422
Appomattox Co.	Sexual Assault Response Program Crisis Line of Central Virginia INC. / Lynchburg / 434-947-7422
Arlington Co.	Doorways for Women and Families / Arlington / 703-522-8858
Augusta Co.	New Directions Center, Inc. / Staunton / 540-942-7273
Bath Co.	Safehome Systems / Covington / 540-965-3237
Bedford Co.	Sexual Assault Response Program Crisis Line of Central Virginia INC. / Lynchburg / 434-947-7422
Bland Co.	Family Resource Center, Inc. / Wytheville / 276-625-0219
Botetourt Co.	Sexual Assault Response & Awareness Blue Ridge Community Services / Roanoke / 540-345-7273
Bristol	Crisis Center, Sexual Assault Services / Bristol / 276-466-2218
Brunswick Co.	Southside Center for Violence Prevention, Inc. / Farmville / 434-292-1077
Buchanan Co.	Family Crisis Support Services / Norton / 276-679-7240
	People, Inc.'s Domestic Violence Program / Abingdon / 276-935-4747
Buckingham Co.	Southside Center for Violence Prevention, Inc. / Farmville / 434-292-1077
Buena Vista	Project Horizon / Lexington / 540-463-7861
Campbell Co.	Sexual Assault Response Program Crisis Line of Central Virginia INC. / Lynchburg / 434-947-7422
Caroline Co.	Rappahannock Council Against Sexual Assault / Fredericksburg / 540-371-1666
Carroll Co.	Family Resource Center, Inc. / Wytheville / 276-625-0219
Charles City Co.	Avalon: A Center For Women And Children / Williamsburg / 757-258-5022
	Laurel Shelter, Inc. - Sexual Assault Crisis Center / Gloucester / 804-694-5760
	Project Hope at Quin Rivers / Quinton / 804-966-5020 ext 336
Charlotte Co.	Southside Center for Violence Prevention, Inc. / Farmville / 434-292-1077
Charlottesville	Sexual Assault Resource Agency / Charlottesville / 434-295-7273
Chesapeake	Response: Sexual Assault Support Services / Norfolk / 757-623-2115
Clarke Co.	Shelter For Abused Women / Winchester / 540-667-6469
Clifton Forge	Safehome Systems / Covington / 540-965-3237



Sexual Assault Crisis Centers in Virginia

Service Area

Program/Program Location/Telephone:

Covington	Safehome Systems / Covington / 540-965-3237
Craig Co.	Sexual Assault Response & Awareness Blue Ridge Community Services / Roanoke / 540-345-7273
Cumberland Co.	Southside Center for Violence Prevention, Inc. / Farmville / 434-292-1077
Danville	Domestic Violence Emergency Services (DOVES) / Halifax / 434-476-8989 Domestic Violence Emergency Services (DOVES) / Danville / 434-799-3683
Dickenson Co.	Family Crisis Support Services / Norton / 276-679-7240
Dinwiddie Co.	Southside Center for Violence Prevention, Inc. / Farmville / 434-292-1077
Essex Co.	Haven Shelter and Services, Inc. / Warsaw / 804-333-1099
Fairfax	Fairfax County Domestic Abuse Program (Victim Assistance Network) / Alexandria / 703-704-6355
Fairfax Co.	Fairfax County Domestic Abuse Program (Victim Assistance Network) / Alexandria / 703-704-6355
Falls Church	Fairfax County Domestic Abuse Program (Victim Assistance Network) / Alexandria / 703-704-6355
Farmville	Southside Center for Violence Prevention, Inc. / Farmville / 434-292-1077
Floyd Co.	Women's Resource Center of the New River Valley / Radford / 540-639-9592
Fluvanna Co.	Sexual Assault Resource Agency / Charlottesville / 434-295-7273
Franklin	Response: Sexual Assault Support Services / Norfolk / 757-623-2115 The Center for Sexual Assault Survivors / Newport News / 757-599-9844
Frederick Co.	Shelter For Abused Women / Winchester / 540-667-6469
Fredericksburg	Rappahannock Council Against Sexual Assault / Fredericksburg / 540-371-1666
Front Royal	Oasis Program / Front Royal / 540-635-9194
Galax	Family Resource Center, Inc. / Wytheville / 276-625-0219
Giles Co.	Women's Resource Center of the New River Valley / Radford / 540-639-9592
Gloucester Co.	Avalon: A Center For Women And Children / Williamsburg / 757-258-5022 Laurel Shelter, Inc. - Sexual Assault Crisis Center / Gloucester / 804-694-5760 The Center for Sexual Assault Survivors / Newport News / 757-599-9844
Grayson Co.	Family Resource Center, Inc. / Wytheville / 276-625-0219
Greene Co.	Sexual Assault Resource Agency / Charlottesville / 434-295-7273
Halifax	Domestic Violence Emergency Services (DOVES) / Halifax / 434-476-8989 Domestic Violence Emergency Services (DOVES) / Danville / 434-799-3683
Halifax Co.	Southside Center for Violence Prevention, Inc. / Farmville / 434-292-1077
Hampton	Avalon: A Center For Women And Children / Williamsburg / 757-258-5022



Sexual Assault Crisis Centers in Virginia

Service Area	Program/Program Location/Telephone:
Hampton	The Center for Sexual Assault Survivors / Newport News / 757-599-9844
Hanover Co.	Hanover SAFE Place (Domestic Violence Resource Center) / Ashland / 804-752-2728
Harrisonburg	Citizens Against Sexual Assault / Harrisonburg / 540-432-6430
Highland Co.	New Directions Center, Inc. / Staunton / 540-942-7273
Hopewell	The James House Intervention / Prevention Services, Sexual Assault Services / Hopewell / 804-458-2704
Isle of Wight Co.	Response: Sexual Assault Support Services / Norfolk / 757-623-2115 The Center for Sexual Assault Survivors / Newport News / 757-599-9844
James City Co.	Avalon: A Center For Women And Children / Williamsburg / 757-258-5022
King and Queen	Project Hope at Quin Rivers / Quinton / 804-966-5020 ext 336
King George Co.	Rappahannock Council Against Sexual Assault / Fredericksburg / 540-371-1666
King William Co.	Project Hope at Quin Rivers / Quinton / 804-966-5020 ext 336
Lancaster Co.	Haven Shelter and Services, Inc. / Warsaw / 804-333-1099
Lee Co.	Crisis Center, Sexual Assault Services / Bristol / 276-466-2218 Family Crisis Support Services / Norton / 276-679-7240
Leesburg	LAWS / Leesburg / 703-771-3398
Lexington	Project Horizon / Lexington / 540-463-7861
Loudoun Co.	LAWS / Leesburg / 703-771-3398
Louisa Co.	Sexual Assault Resource Agency / Charlottesville / 434-295-7273
Lunenburg Co.	Domestic Violence Emergency Services (DOVES) / Halifax / 434-476-8989 Domestic Violence Emergency Services (DOVES) / Danville / 434-799-3683 Southside Center for Violence Prevention, Inc. / Farmville / 434-292-1077
Lynchburg	Sexual Assault Response Program Crisis Line of Central Virginia INC. / Lynchburg / 434-947-7422
Manassas	Sexual Assault Victim's Advocacy Services / Woodbridge / 703-497-1192
Manassas Park	Sexual Assault Victim's Advocacy Services / Woodbridge / 703-497-1192
Mathews Co.	Laurel Shelter, Inc. - Sexual Assault Crisis Center / Gloucester / 804-694-5760 The Center for Sexual Assault Survivors / Newport News / 757-599-9844
Mecklenburg Co.	Domestic Violence Emergency Services (DOVES) / Danville / 434-799-3683 Domestic Violence Emergency Services (DOVES) / Halifax / 434-476-8989 Southside Center for Violence Prevention, Inc. / Farmville / 434-292-1077
Middlesex Co.	Laurel Shelter, Inc. - Sexual Assault Crisis Center / Gloucester / 804-694-5760



Sexual Assault Crisis Centers in Virginia

Service Area

Program/Program Location/Telephone:

Montgomery Co.	Women's Resource Center of the New River Valley / Radford / 540-639-9592
Nelson Co.	Sexual Assault Resource Agency / Charlottesville / 434-295-7273
New Kent Co.	Avalon: A Center For Women And Children / Williamsburg / 757-258-5022
New Kent Co.	Laurel Shelter, Inc. - Sexual Assault Crisis Center / Gloucester / 804-694-5760
	Project Hope at Quin Rivers / Quinton / 804-966-5020 ext 336
Newport News	Avalon: A Center For Women And Children / Williamsburg / 757-258-5022
	The Center for Sexual Assault Survivors / Newport News / 757-599-9844
Norfolk	Response: Sexual Assault Support Services / Norfolk / 757-623-2115
Northampton Co.	The Center for Sexual Assault Survivors / Newport News / 757-599-9844
Northumberland	Haven Shelter and Services, Inc. / Warsaw / 804-333-1099
Norton	Family Crisis Support Services / Norton / 276-679-7240
Nottoway	Southside Center for Violence Prevention, Inc. / Farmville / 434-292-1077
Onancock	The Center for Sexual Assault Survivors / Newport News / 757-599-9844
Page Co.	Citizens Against Sexual Assault / Harrisonburg / 540-432-6430
Pittsylvania Co.	Domestic Violence Emergency Services (DOVES) / Halifax / 434-476-8989
	Domestic Violence Emergency Services (DOVES) / Danville / 434-799-3683
Poquoson	The Center for Sexual Assault Survivors / Newport News / 757-599-9844
Portsmouth	Response: Sexual Assault Support Services / Norfolk / 757-623-2115
Powhatan Co.	Southside Center for Violence Prevention, Inc. / Farmville / 434-292-1077
Prince Edward Co.	Southside Center for Violence Prevention, Inc. / Farmville / 434-292-1077
Prince William Co.	Sexual Assault Victim's Advocacy Services / Woodbridge / 703-497-1192
Pulaski Co.	Women's Resource Center of the New River Valley / Radford / 540-639-9592
Radford Women's	Resource Center of the New River Valley / Radford / 540-639-9592
Richmond	YWCA Women's Advocacy Program, Sexual Assault Services / Richmond / 804-355-7463
Richmond Co.	Haven Shelter and Services, Inc. / Warsaw / 804-333-1099
Roanoke	Sexual Assault Response & Awareness Blue Ridge Community Services / Roanoke / 540-345-7273
Roanoke Co.	Sexual Assault Response & Awareness Blue Ridge Community Services / Roanoke / 540-345-7273
Rockbridge Co.	Project Horizon / Lexington / 540-463-7861
Rockingham Co.	Citizens Against Sexual Assault / Harrisonburg / 540-432-6430
Russell Co.	Family Crisis Services / North Tazewell / 276-988-5583



Sexual Assault Crisis Centers in Virginia

Service Area

Program/Program Location/Telephone:

	Family Crisis Support Services / Norton / 276-679-7240
Salem	Sexual Assault Response & Awareness Blue Ridge Community Services / Roanoke / 540-345-7273
Scott Co.	Crisis Center, Sexual Assault Services / Bristol / 276-466-2218
Scott Co.	Family Crisis Support Services / Norton / 276-679-7240
Shenandoah Co.	Response, Sexual Assault Services / Woodstock / 540-459-5599
Smithfield	The Center for Sexual Assault Survivors / Newport News / 757-599-9844
Smyth Co.	Family Resource Center, Inc. / Wytheville / 276-625-0219
South Boston	Domestic Violence Emergency Services (DOVES) / Halifax / 434-476-8989
	Domestic Violence Emergency Services (DOVES) / Danville / 434-799-3683
Southampton Co.	Response: Sexual Assault Support Services / Norfolk / 757-623-2115
	The Center for Sexual Assault Survivors / Newport News / 757-599-9844
Spotsylvania Co.	Rappahannock Council Against Sexual Assault / Fredericksburg / 540-371-1666
Stafford Co.	Rappahannock Council Against Sexual Assault / Fredericksburg / 540-371-1666
Staunton	New Directions Center, Inc. / Staunton / 540-942-7273
Sterling	LAWS / Leesburg / 703-771-3398
Suffolk	Response: Sexual Assault Support Services / Norfolk / 757-623-2115
Tazewell Co.	Family Crisis Services / North Tazewell / 276-988-5583
Vinton	Sexual Assault Response & Awareness Blue Ridge Community Services / Roanoke / 540-345-7273
Virginia Beach	Response: Sexual Assault Support Services / Norfolk / 757-623-2115
Warren Co.	Oasis Program / Front Royal / 540-635-9194
Warrenton	SAVVI Crisis Center / Warrenton / 540-349-7720
Washington Co.	Crisis Center, Sexual Assault Services / Bristol / 276-466-2218
Waynesboro	New Directions Center, Inc. / Staunton / 540-942-7273
Westmoreland Co.	Haven Shelter and Services, Inc. / Warsaw / 804-333-1099
Williamsburg	Avalon: A Center For Women And Children / Williamsburg / 757-258-5022
Winchester	Shelter For Abused Women / Winchester / 540-667-6469
Wise Co.	Crisis Center, Sexual Assault Services / Bristol / 276-466-2218
	Family Crisis Support Services / Norton / 276-679-7240
Woodbridge	Sexual Assault Victim's Advocacy Services / Woodbridge / 703-497-1192
Wythe Co.	Family Resource Center, Inc. / Wytheville / 276-625-0219
York Co.	Avalon: A Center For Women And Children / Williamsburg / 757-258-5022



Building Healthy Relationships Across Virginia: A Facilitator's Guide to Teen Dating Violence Prevention
Virginia Sexual & Domestic Violence Action Alliance

www.vsdvalliance.org

Domestic Violence Programs in Virginia

Domestic Violence Programs in Virginia

Service Area	Program/Program Location/Telephone:
Accomack Co.	Eastern Shore Coalition Against Domestic Violence / Onancock / 757-787-1329
Albemarle Co.	Shelter For Help in Emergency / Charlottesville / 434-963-4676
Alexandria	Alexandria Domestic Violence Program / Alexandria / 703-838-4911 Bethany House For Battered Spouses / Alexandria / 703-658-9500
Allegheny Co.	New Directions Center, Inc. / Staunton / 540-885-7273 Safehome Systems / Covington / 540-965-3237
Amelia Co.	Madeline's House (Southside Center for Violence Prevention) / Farmville / 434-292-1077
Amherst Co.	Amherst County Commission Against Domestic Violence / Amherst / 434-946-0300 YWCA Domestic Violence Prevention Center / Lynchburg / 434-528-1041
Appomattox Co.	YWCA Domestic Violence Prevention Center / Lynchburg / 434-528-1041
Arlington Co.	Bethany House For Battered Spouses / Alexandria / 703-658-9500 Doorways for Women and Families / Arlington / 703-522-8858
Augusta Co.	New Directions Center, Inc. / Staunton / 540-885-7273
Bath Co.	New Directions Center, Inc. / Staunton / 540-885-7273 Safehome Systems / Covington / 540-965-3237
Bedford Co.	Bedford Domestic Violence Services / Bedford / 540-587-0995 YWCA Domestic Violence Prevention Center / Lynchburg / 434-528-1041
Bland Co.	Family Resource Center, Inc. / Wytheville / 276-625-0219
Botetourt Co.	Total Action Against Poverty - Women's Resource Center / Roanoke / 540-345-6781, ext. 4338 Turning Point (The Salvation Army) / Roanoke / 540-345-0400
Bristol	Abuse Alternatives / Bristol / 423-652-9093
Brunswick Co.	Madeline's House (Southside Center for Violence Prevention) / Farmville / 434-292-1077
Buchanan Co.	Family Crisis Support Services / Norton / 276-679-7240 People, Inc.'s Domestic Violence Program / Abingdon / 276-623-9000
Buckingham Co.	Madeline's House (Southside Center for Violence Prevention) / Farmville / 434-292-1077
Buena Vista	Project Horizon / Lexington / 540-463-7861
Campbell Co.	YWCA Domestic Violence Prevention Center / Lynchburg / 434-528-1041
Caroline Co.	Rappahannock Council On Domestic Violence / Fredericksburg / 540-373-9372
Carroll Co.	Family Resource Center, Inc. / Wytheville / 276-625-0219
Charles City Co.	Avalon: A Center For Women And Children / Williamsburg / 757-258-5022



Domestic Violence Programs in Virginia

Service Area	Program/Program Location/Telephone:
Charles City Co.	Laurel Shelter, Inc. / Gloucester / 804-694-5760 Project Hope at Quin Rivers / Quinton / 804-966-5020 ext 336
Charlotte Co.	Madeline's House (Southside Center for Violence Prevention) / Farmville / 434-292-1077
Charlottesville	Shelter For Help in Emergency / Charlottesville / 434-963-4676
Chesapeake	Help And Emergency Response, Inc. (HER Shelter) / Portsmouth / 757-485-1445 Samaritan House / Virginia Beach / 757-631-0710
Chesterfield Co.	Chesterfield County Domestic and Sexual Violence Resource Center / Chesterfield / 804-706-1272 Safe Harbor / Richmond / 804-287-7871
Chesterfield Co.	The James House Intervention / Prevention Services / Hopewell / 804-458-2704 YWCA Women's Advocacy Program / Richmond / 804-355-7463 YWCA Women's Advocacy Program / Chesterfield / 804-355-7746
Clarke Co.	Shelter For Abused Women / Winchester / 540-667-6160
Clifton Forge	New Directions Center, Inc. / Staunton / 540-885-7273 Safehome Systems / Covington / 540-965-3237
Colonial Heights	Chesterfield County Domestic and Sexual Violence Resource Center / Chesterfield / 804-706-1272 The James House Intervention / Prevention Services / Hopewell / 804-458-2704 YWCA Women's Advocacy Program / Richmond / 804-355-7463 YWCA Women's Advocacy Program / Chesterfield / 804-355-7746
Covington	New Directions Center, Inc. / Staunton / 540-885-7273 Safehome Systems / Covington / 540-965-3237
Craig Co.	Total Action Against Poverty - Women's Resource Center / Roanoke / 540-345-6781, ext. 4338
Culpeper Co.	Services To Abused Families / Culpeper / 540-825-8891
Cumberland Co.	Madeline's House (Southside Center for Violence Prevention) / Farmville / 434-292-1077
Danville	Domestic Violence Emergency Services - (DOVES) / Halifax / 434-476-8989 Domestic Violence Emergency Services - (DOVES) / Danville / 434-799-3683
Dickenson Co.	Family Crisis Support Services / Norton / 276-679-7240 Hope House of Scott County, Inc. / Gate City / 276-386-1373
Dinwiddie Co.	Madeline's House (Southside Center for Violence Prevention) / Farmville / 434-292-1077 The James House Intervention / Prevention Services / Hopewell / 804-458-2704
District of Columbia	Bethany House For Battered Spouses / Alexandria / 703-658-9500



Domestic Violence Programs in Virginia

Service Area	Program/Program Location/Telephone:
Dumfries	ACTS* Turning Points / Dumfries / 703-221-4460
Essex Co.	Haven Shelter and Services, Inc. / Warsaw / 804-333-1099
Fairfax	Bethany House For Battered Spouses / Alexandria / 703-658-9500
	Fairfax County Domestic Abuse Program (Shelter) / Reston / 703-435-4948
	Fairfax County Domestic Abuse Program (Victim Assistance Network) / Alexandria / 703-704-6355
Fairfax Co.	Bethany House For Battered Spouses / Alexandria / 703-658-9500
	Fairfax County Domestic Abuse Program (Shelter) / Reston / 703-435-4948
	Fairfax County Domestic Abuse Program (Victim Assistance Network) / Alexandria / 703-704-6355
Falls Church	Bethany House For Battered Spouses / Alexandria / 703-658-9500
	Fairfax County Domestic Abuse Program (Shelter) / Reston / 703-435-4948
	Fairfax County Domestic Abuse Program (Victim Assistance Network) / Alexandria / 703-704-6355
Fauquier Co.	Services To Abused Families / Culpeper / 540-825-8891
Floyd Co.	Women's Resource Center of the New River Valley / Radford / 540-639-9592
Fluvanna Co.	Shelter For Help in Emergency / Charlottesville / 434-963-4676
Franklin	Genieve Shelter / Suffolk / 757-925-4365
Franklin Co.	Franklin County Family Resource Center / Rocky Mount / 540-483-5088
Frederick Co.	Shelter For Abused Women / Winchester / 540-667-6160
Fredericksburg	Rappahannock Council On Domestic Violence / Fredericksburg / 540-373-9372
Front Royal	Response, Inc. / Front Royal / 540-635-9194
Galax	Family Resource Center, Inc. / Wytheville / 276-625-0219
Giles Co.	Women's Resource Center of the New River Valley / Radford / 540-639-9592
Gloucester Co.	Laurel Shelter, Inc. / Gloucester / 804-694-5760
Goochland Co.	YWCA Women's Advocacy Program / Richmond / 804-355-7463
Grayson Co.	Family Resource Center, Inc. / Wytheville / 276-625-0219
Greene Co.	Shelter For Help in Emergency / Charlottesville / 434-963-4676
Halifax Co.	Domestic Violence Emergency Services - (DOVES) / Danville / 434-799-3683
	Domestic Violence Emergency Services - (DOVES) / Halifax / 434-476-8989
	Madeline's House (Southside Center for Violence Prevention) / Farmville / 434-292-1077
Hampton	Transitions Family Violence Services / Hampton / 757-722-2261
Hanover Co.	Hanover SAFE Place (Domestic Violence Resource Center) / Ashland / 804-752-2728



Domestic Violence Programs in Virginia

Service Area

Program/Program Location/Telephone:

Hanover Co.	Safe Harbor / Richmond / 804-287-7871 YWCA Women's Advocacy Program / Richmond / 804-355-7463
Harrisonburg	First Step / Harrisonburg / 540-434-0295
Henrico Co.	Safe Harbor / Richmond / 804-287-7871 YWCA Women's Advocacy Program / Richmond / 804-355-7463
Henry Co.	Citizens Against Family Violence / Martinsville / 276-632-8701
Herndon	Fairfax County Domestic Abuse Program (Shelter) / Reston / 703-435-4948 Fairfax County Domestic Abuse Program (Victim Assistance Network) / Alexandria / 703-704-6355
Highland Co.	New Directions Center, Inc. / Staunton / 540-885-7273
Hopewell	Chesterfield County Domestic and Sexual Violence Resource Center / Chesterfield / 804-706-1272 The James House Intervention / Prevention Services / Hopewell / 804-458-2704 YWCA Women's Advocacy Program / Richmond / 804-355-7463 YWCA Women's Advocacy Program / Chesterfield / 804-355-7746
Isle of Wight Co.	Genieve Shelter / Suffolk / 757-925-4365
James City Co.	Avalon: A Center For Women And Children / Williamsburg / 757-258-5022
King and Queen	Laurel Shelter, Inc. / Gloucester / 804-694-5760 Project Hope at Quin Rivers / Quinton / 804-966-5020 ext 336
King George Co.	Rappahannock Council On Domestic Violence / Fredericksburg / 540-373-9372
King William Co.	Laurel Shelter, Inc. / Gloucester / 804-694-5760 Project Hope at Quin Rivers / Quinton / 804-966-5020 ext 336
Lancaster Co.	Haven Shelter and Services, Inc. / Warsaw / 804-333-1099
Lee Co.	Family Crisis Support Services / Norton / 276-679-7240 Hope House of Scott County, Inc. / Gate City / 276-386-1373
Leesburg	LAWS - Loudoun Abused Women's Shelter / Leesburg / 703-771-3398
Lexington	Project Horizon / Lexington / 540-463-7861
Loudoun Co.	LAWS - Loudoun Abused Women's Shelter / Leesburg / 703-771-3398
Louisa Co.	Shelter For Help in Emergency / Charlottesville / 434-963-4676
Lunenburg Co.	Domestic Violence Emergency Services - (DOVES) / Danville / 434-799-3683 Domestic Violence Emergency Services - (DOVES) / Halifax / 434-476-8989 Madeline's House (Southside Center for Violence Prevention) / Farmville / 434-292-1077



Domestic Violence Programs in Virginia

Service Area	Program/Program Location/Telephone:
Luray	Council On Domestic Violence for Page County, CHOICES / Luray / 540-743-4730
Lynchburg	YWCA Domestic Violence Prevention Center / Lynchburg / 434-528-1041
Madison Co.	Services To Abused Families / Culpeper / 540-825-8891
Manassas	ACTS* Turning Points / Dumfries / 703-221-4460
Manassas Park	ACTS* Turning Points / Dumfries / 703-221-4460
Martinsville	Citizens Against Family Violence / Martinsville / 276-632-8701
Mathews Co.	Laurel Shelter, Inc. / Gloucester / 804-694-5760
Mecklenburg Co.	Domestic Violence Emergency Services - (DOVES) / Danville / 434-799-3683 Domestic Violence Emergency Services - (DOVES) / Halifax / 434-476-8989 Madeline's House (Southside Center for Violence Prevention) / Farmville / 434-292-1077
Middlesex Co.	Laurel Shelter, Inc. / Gloucester / 804-694-5760
Montgomery Co.	Women's Resource Center of the New River Valley / Radford / 540-639-9592
Nelson Co.	New Directions Center, Inc. / Staunton / 540-885-7273 Shelter For Help in Emergency / Charlottesville / 434-963-4676
New Kent Co.	Avalon: A Center For Women And Children / Williamsburg / 757-258-5022 Laurel Shelter, Inc. / Gloucester / 804-694-5760 Project Hope at Quin Rivers / Quinton / 804-966-5020 ext 336
Newport News	Transitions Family Violence Services / Hampton / 757-722-2261
Norfolk	Help And Emergency Response, Inc. (HER Shelter) / Portsmouth / 757-485-1445 Samaritan House / Virginia Beach / 757-631-0710 YWCA Women In Crisis Program / Norfolk / 757-625-4248
Northampton Co.	Eastern Shore Coalition Against Domestic Violence / Onancock / 757-787-1329
Northumberland	Haven Shelter and Services, Inc. / Warsaw / 804-333-1099
Norton	Family Crisis Support Services / Norton / 276-679-7240 Hope House of Scott County, Inc. / Gate City / 276-386-1373
Nottoway Co.	Madeline's House (Southside Center for Violence Prevention) / Farmville / 434-292-1077
Onancock	Eastern Shore Coalition Against Domestic Violence / Onancock / 757-787-1329
Orange Co.	Services To Abused Families / Culpeper / 540-825-8891
Page Co.	Council On Domestic Violence for Page County, CHOICES / Luray / 540-743-4730
Patrick Co.	Citizens Against Family Violence / Martinsville / 276-632-8701



Domestic Violence Programs in Virginia

Service Area	Program/Program Location/Telephone:
Petersburg	The James House Intervention / Prevention Services / Hopewell / 804-458-2704 YWCA Women's Advocacy Program / Richmond / 804-355-7463 YWCA Women's Advocacy Program / Chesterfield / 804-355-7746
Pittsylvania Co.	Domestic Violence Emergency Services - (DOVES) / Danville / 434-799-3683 Domestic Violence Emergency Services - (DOVES) / Halifax / 434-476-8989
Poquoson	Transitions Family Violence Services / Hampton / 757-722-2261
Portsmouth	Help And Emergency Response, Inc. (HER Shelter) / Portsmouth / 757-485-1445 Samaritan House / Virginia Beach / 757-631-0710
Powhatan Co.	Madeline's House (Southside Center for Violence Prevention) / Farmville / 434-292-1077 YWCA Domestic Violence Prevention Center / Lynchburg / 434-528-1041 YWCA Women's Advocacy Program / Richmond / 804-355-7463
Prince Edward Co.	Madeline's House (Southside Center for Violence Prevention) / Farmville / 434-292-1077
Prince George Co.	The James House Intervention / Prevention Services / Hopewell / 804-458-2704
Prince William Co.	ACTS* Turning Points / Dumfries / 703-221-4460
Pulaski Co.	Women's Resource Center of the New River Valley / Radford / 540-639-9592
Radford	Women's Resource Center of the New River Valley / Radford / 540-639-9592
Rappahannock	Services To Abused Families / Culpeper / 540-825-8891
Richmond	Chesterfield County Domestic and Sexual Violence Resource Center / Chesterfield / 804-706-1272 Safe Harbor / Richmond / 804-287-7871 YWCA Women's Advocacy Program / Richmond / 804-355-7463 YWCA Women's Advocacy Program / Chesterfield / 804-355-7746
Richmond Co.	Haven Shelter and Services, Inc. / Warsaw / 804-333-1099
Roanoke	Total Action Against Poverty - Women's Resource Center / Roanoke / 540-345-6781, ext. 4338 Turning Point (The Salvation Army) / Roanoke / 540-345-0400
Roanoke Co.	Total Action Against Poverty - Women's Resource Center / Roanoke / 540-345-6781, ext. 4338 Turning Point (The Salvation Army) / Roanoke / 540-345-0400
Rockbridge Co.	Project Horizon / Lexington / 540-463-7861
Rockingham Co.	First Step / Harrisonburg / 540-434-0295
Rocky Mount	Franklin County Family Resource Center / Rocky Mount / 540-483-5088
Russell Co.	Family Crisis Support Services / Norton / 276-679-7240



Domestic Violence Programs in Virginia

Service Area	Program/Program Location/Telephone:
Russell Co.	Hope House of Scott County, Inc. / Gate City / 276-386-1373 People, Inc.'s Domestice Violence Program / Abingdon / 276-623-9000
Salem	Total Action Against Poverty - Women's Resource Center / Roanoke / 540-345-6781, ext. 4338 Turning Point (The Salvation Army) / Roanoke / 540-345-0400
Scott Co.	Family Crisis Support Services / Norton / 276-679-7240 Hope House of Scott County, Inc. / Gate City / 276-386-1373
Shenandoah	Council On Domestic Violence for Page County, CHOICES / Luray / 540-743-4730
Smithfield	Genieve Shelter / Suffolk / 757-925-4365
Smyth Co.	Family Resource Center, Inc. / Wytheville / 276-625-0219
South Boston	Domestic Violence Emergency Services - (DOVES) / Danville / 434-799-3683 Domestic Violence Emergency Services - (DOVES) / Halifax / 434-476-8989
Southampton Co.	Genieve Shelter / Suffolk / 757-925-4365
Spotsylvania Co.	Rappahannock Council On Domestic Violence / Fredericksburg / 540-373-9372
Stafford Co.	Rappahannock Council On Domestic Violence / Fredericksburg / 540-373-9372
Stanley	Council On Domestic Violence for Page County, CHOICES / Luray / 540-743-4730
Staunton	New Directions Center, Inc. / Staunton / 540-885-7273
Suffolk	Genieve Shelter / Suffolk / 757-925-4365 Help And Emergency Response, Inc. (HER Shelter) / Portsmouth / 757-485-1445
Surry Co.	Genieve Shelter / Suffolk / 757-925-4365 The James House Intervention / Prevention Services / Hopewell / 804-458-2704
Sussex Co.	The James House Intervention / Prevention Services / Hopewell / 804-458-2704
Tazewell Co.	Family Crisis Services / North Tazewell / 276-988-5583
Vienna	Fairfax County Domestic Abuse Program (Shelter) / Reston / 703-435-4948 Fairfax County Domestic Abuse Program (Victim Assistance Network) / Alexandria / 703-704-6355
Vinton	Total Action Against Poverty - Women's Resource Center / Roanoke / 540-345-6781, ext. 4338 Turning Point (The Salvation Army) / Roanoke / 540-345-0400
Virginia Beach	Help And Emergency Response, Inc. (HER Shelter) / Portsmouth / 757-485-1445 Samaritan House / Virginia Beach / 757-631-0710 YWCA Women In Crisis Program / Norfolk / 757-625-4248
Warren Co.	Response, Inc. / Front Royal / 540-635-9194



ACTIONALLIANCE

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Virginia Sexual & Domestic Violence Action Alliance

www.vsdvalliance.org

Domestic Violence Programs in Virginia

Service Area	Program/Program Location/Telephone:
Washington Co.	Abuse Alternatives / Bristol / 423-652-9093 Hope House of Scott County, Inc. / Gate City / 276-386-1373
Waynesboro	New Directions Center, Inc. / Staunton / 540-885-7273
Westmoreland Co.	Haven Shelter and Services, Inc. / Warsaw / 804-333-1099
Williamsburg	Avalon: A Center For Women And Children / Williamsburg / 757-258-5022
Winchester	Shelter For Abused Women / Winchester / 540-667-6160
Wise Co.	Family Crisis Support Services / Norton / 276-679-7240
Wise Co.	Hope House of Scott County, Inc. / Gate City / 276-386-1373
Woodbridge	ACTS* Turning Points / Dumfries / 703-221-4460
Wythe Co.	Family Resource Center, Inc. / Wytheville / 276-625-0219
Wytheville	Family Resource Center, Inc. / Wytheville / 276-625-0219
York Co.	Avalon: A Center For Women And Children / Williamsburg / 757-258-5022 Transitions Family Violence Services / Hampton / 757-722-2261

